

## **Skills**Lab

## Knowing ME, **Knowing YOU** through MBTI

(Myers-Briggs Type Indicator)

15 JAN 2021 (Fri) 2:30-4:30 pm by Zoom

- Discover your personality type
- Understanding of others through insightful activities
- MBTI assessment
- Application of different communication styles at workplace and daily life
- Participants will receive a detailed MBTI Career Report\*

\* Report will be provided to participants during the workshop if the MBTI assessment is completed online by 11 January 2021.

## **Contact Us** Mr. Timothy Or (3411 5489) | Ms. Frances Li (3411 3047) sce\_cec@hkbu.edu.hk

This project is funded by the Quality Enhancement Support Scheme (QESS).



Careers and Employability Centre





sce\_career







**Deadline:** 

14 Jan (Thu)